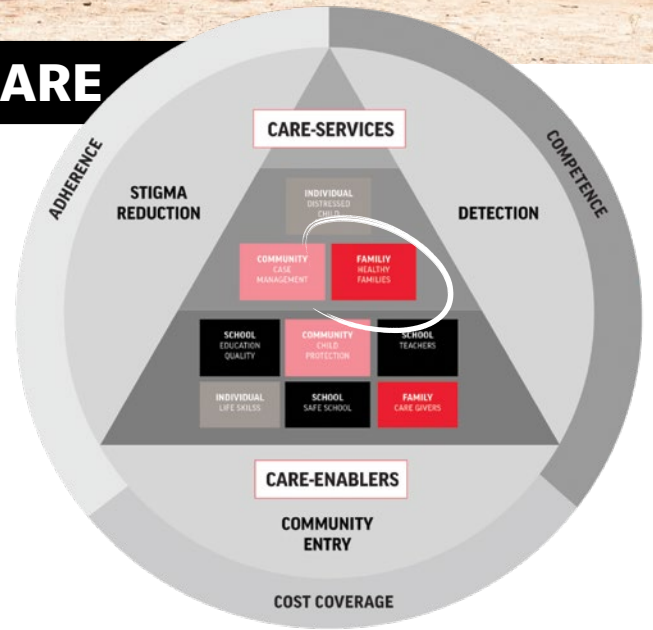




**AIMS**

- To develop and evaluate an innovative, multi-sector intervention that supports vulnerable families to manage multiple problems through a single integrated intervention approach.
- To determine effective ways to embed such an intervention in existing humanitarian structures, and facilitate strong collaboration across humanitarian sectors.

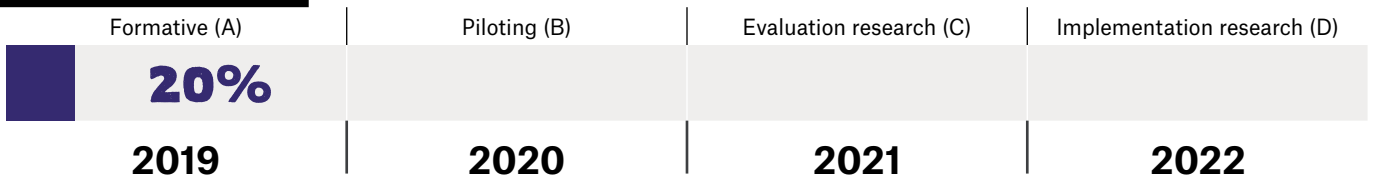
**CARE**



**ACHIEVEMENTS**

- Extensive literature reviews have been conducted to identify the available evidence for family interventions in low and middle-income countries
- Conceptual framework for the intervention has been developed

**PROGRESS**



**FUNDING**

10%

## WHY

Families play an essential role in upholding the wellbeing of children - but family systems are often severely affected by armed conflict and ongoing violence. A significant number of families exposed to these contexts can experience multiple difficulties - including mental health difficulties among children and adults, intimate partner violence, substance use and other child protection issues. These problems can combine and have a significant negative impact - making it difficult for families to get back on track.

## HOW

To inform our work, we will first conduct extensive background research - to both learn more about the needs and difficulties of families living in violent contexts and develop solutions to improve family functioning. Based on this knowledge, we will develop and evaluate an intervention to address multiple and inter-related risk factors in an integrated way.

## PROCESS

### A Formative

- Conduct a systematic literature review of available interventions for families
- Conduct further scoping reviews to explore the relationships between various risk factors for families and identify suitable approaches for targeting each different kind of problem
- Conduct formative qualitative research to learn more about the needs and difficulties of families, how problems are related and how best to intervene
- Learn more about barriers to delivering multi-sectoral interventions - and identify ways to overcome them

### B Pilot

- Develop an intervention based on the existing evidence combined with the results of the formative work
- Conduct a pilot trial to determine the feasibility of study and intervention procedures

### C Evaluation

- Formally evaluate the impact of the intervention on the wellbeing of caregivers, children and family units using a rigorous randomised control trial methodology, backed by a qualitative process evaluation

## PARTNERS & DONORS



The World Health Organization  
HealthRight International



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War Child

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